UNITED STATES SECURITIES AND EXCHANGE COMMISSION

	Washington, D.C. 20549		
	FORM 8-K		
	CURRENT REPORT		
	Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934		
	October 1, 2004 (Date of earliest event reported)		
QUANEX CORPORATION (Exact name of registrant as specified in its charter)			
Delaware (State or other jurisdiction of incorporation)	1-5725 (Commission File Number)	38-1872178 (IRS Employer Identification No.)	
1900	West Loop South, Suite 1500, Houston, Texas (Address of principal executive offices)	77027 (Zip Code)	
R	degistrant's telephone number, including area code: 713-96	51-4600	
[] Soliciting material pursuant to Rule[] Pre-commencement communication	o Rule 425 under the Securities Act (17 CFR 230.425) 14a-12(b) under the Exchange Act (17 CFR 240.14a-12(b) as pursuant to Rule 14d-2(b) under the Exchange Act (17 CF as pursuant to Rule 13e-4(c) under the Exchange Act (17 CF	FR 240.14d-2(b))	
7.01 Regulation FD Disclosure nformation shall not be deemed "filed" for	purposes of Section 18 of the Securities Exchange Act of 1	934, as amended (the "Exchange Act"), or	

Item

incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such a filing.

On October 1, 2004, Quanex Corporation issued a press release (the "Press Release") announcing the sale of its Nichols Aluminum - Golden operation to an affiliate of Crestwood Capital Management Inc., Davenport, Iowa, for \$22 million. The foregoing is qualified by reference to the Press Release which is filed as Exhibit 99.1 to this Current Report on Form 8-K and is incorporated herein by reference.

Item 9.01. Financial Statements and Exhibits.

(c) Exhibit 99.1. Press release dated October 1, 2004

Exhibit Index

99.1 Press release dated October 1, 2004

hereunto duly authorized.	
	QUANEX CORPORATION
	(Registrant)
October 04, 2004	/s/ KEVIN P. DELANEY
(Date)	Kevin P. Delaney

Vice President - General Counsel and Secretary

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned

Quanex Corporation Sells Nichols Aluminum - Golden

HOUSTON, Oct. 1, 2004 (PRIMEZONE) -- Quanex Corporation (NYSE:NX), an industry-leading manufacturer of value-added engineered materials and components serving the vehicular products and building products markets, announced today that it has sold its Nichols Aluminum - Golden operation to an affiliate of Crestwood Capital Management Inc., Davenport, Iowa, for \$22 million. The Golden facility, with about 200 employees, is located in Fort Lupton, Colorado.

"The sale of Golden is representative of our focus to invest and grow our core businesses," said Raymond A. Jean, president and chief executive officer of Quanex Corporation. "Although it is a profitable business, it does not fit our strategic direction" Jean said.

Statements that use the words "expects," "should," "may," "could," "will," "might," or similar words reflecting future expectations or beliefs are forward-looking statements. The statements above are based on Quanex's current expectations. Actual results or events may differ materially from this release. Factors that could impact future results may include, without limitation, the effect of both domestic and global economic conditions, the impact of competitive products and pricing, and the availability and cost of raw materials. For a more complete discussion of factors that may affect the Company's future performance, please refer to the Company's most recent 10-K filing of December 29, 2003 under the Securities Exchange Act of 1934, in particular the sections titled, "Private Securities Litigation Reform Act" contained therein.

Additional information about Quanex is available at the Company's website at www.quanex.com.

The Quanex Corporation logo is available at: http://www.primezone.com/newsroom/prs/?pkgid=1117

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